

Role description & application form

Public representative

Prevention workstream

Help improve the health and care system

1. Purpose of the role

A partnership of health and social care organisations in Hackney and the City is looking for members of the public to join care workstreams that are working to improve health and wellbeing by joining up NHS, social care, public health services and activities. Public representatives play an important role in ensuring residents' voices are heard and will work closely with other public representatives, managers and clinicians.

If you are a local resident with an interest in health and wellbeing or experience of using services directly or as a carer, this is a chance to have your say. You do not need to be actively accessing a health or care service to get involved.

2. Role details

We are currently looking for someone to join the Prevention workstream. The work of the workstream aims to improve residents' health and wellbeing by supporting them to live longer, healthier lives. This is achieved by delivering local activities and services that aim to reduce harm and enable people to self-manage their own health and wellbeing. Examples include: system wide approaches to tackle obesity; supporting people to better manage their diabetes and other long-term conditions; helping people to stop smoking; delivering physical activity sessions in a variety of community settings; and delivering high quality public health services for the most vulnerable people in our communities.

An overarching aim is to support the other three care work streams, and the wider system, to embed prevention principles in all commissioning and service planning, achieving a shift in focus towards prevention and early intervention. We are doing this by:

- reducing exposure to preventable risk factors for health inequalities, poor health and premature mortality (including smoking, obesity, inactivity, alcohol and substance misuse)
- improving early identification of risk factors and early diagnosis of long term conditions
- enabling and supporting residents to manage their own health and live healthy lives.

We also play a key role in working with wider partners to better understand and work together to improve the social, economic and environmental influences on people's health and wellbeing (such as employment, social relationships, housing, green spaces and the built environment). As such, we have a specific focus on reducing health inequalities.

The public representative will be required to attend a two hour meeting every two months, read meeting papers in advance, and be confident to present their views and feed in to discussions (support from Healthwatch Hackney will be provided - see below). There's lots of opportunity to get involved in specific projects and service areas you are particularly interested in.

This is a voluntary role and representatives will be given access to training, reimbursement of travel, childcare and carer expenses.

Interested residents should submit an application to info@healthwatchcityoflondon.org.uk by **Wednesday 12 April** or phone **020 3960 7454** to discuss the role further. Appointments will be made following an interview.

3. Background: integrated commissioning

Integrated Commissioning is a partnership to improve health and wellbeing outcomes for Hackney and City of London residents through closer joint working and integration between local health and care organisations. It has brought together three local commissioning organisations - London Borough of Hackney, the City of London Corporation and the City and Hackney Clinical Commissioning Group - alongside a wide range of providers including Homerton Hospital, East London Foundation Trust, GP Confederation, Local Pharmaceutical Committee, GP-out-of-hours (CHUHSE), and voluntary and community sector. Integrated Commissioning is committed to involving residents, patients, providers and staff as equal partners. To find out more visit the local integration pages at www.healthwatchhackney.co.uk or www.healthwatchcityoflondon.org.uk

4. Role description and duties

- Attend and contribute to Prevention workstream meetings in person and by email.
- Work collaboratively with the Prevention workstream members to help shape and improve services and health and wellbeing activities.
- Raise issues important to local residents and service users providing an impartial and independent view, challenging and acting as a critical friend.
- Keep informed of what patients, service users and residents are saying about prevention workstream topic areas and wider health and social care issues.
- Helping to shape the Prevention workstream's approach to co-production.
- Act as a link between the Prevention workstream and wider public/service user involvement by attending and contributing to the Integrated Commissioning Engagement Group.

5. Person specification

General

Need to be:

- a resident of the London Borough of Hackney or City of London.
- able to participate in meetings during the day and/or in the evenings.
- a confident IT and email user.
- willing to commit to long-term involvement in the programme (at least 1 year). Estimated time commitment is 10-12 hours per month to cover meetings, reading and preparation, responding to emails, attendance at any public engagement events.
- willing to undertake training as required.
- willing to complete a declaration of conflicts of interest.

Knowledge and experience

We are looking for people who have:

- passion to work in partnership to reduce health inequalities locally.
- an understanding in how local services and activities can improve residents' health and wellbeing.
- experience of working in a team.
- a broad understanding of the NHS, public health and local health and care services.

Competencies

Influencing and persuading

- Ability to express your ideas and opinions verbally and in writing, in ways which are persuasive, accessible and appropriate to a range of audiences.
- Contribute to debates and discussions confidently, providing challenge constructively.

Teamwork

- Ability to work collaboratively, supporting others to achieve team goals.
- Respect confidentiality and be a trusted member of the team.

Analysis

- Willingness to understand complex ideas and understand how they will impact on residents, patients and service users.
- Ability to make connections between individual experiences and service improvement.

Commitment to tackling inequalities:

- Demonstrate an understanding of and commitment to improving health outcomes and tackling health inequalities.

Public representative application form

Are you interested in sharing your experiences of local health and care services and making sure residents' voices are heard?

1. Please complete your details below

Name:

Phone:

Email:

Address:

How would you like to be contacted?

Email: Phone: Other (please state):

2. What areas of health and social care are you interested in or have experience of? (Please tick)

Prevention (improving residents' health and wellbeing by supporting them to live longer, healthier lives aiming to reduce harm and enable people to self-manage their own health and wellbeing. This includes better management of long-term conditions, (e.g. diabetes); helping people to stop smoking; delivering physical activity sessions, healthy weight; care navigation)

Planned care (primary care/GPs, adult social care, outpatients, cancer)

Unplanned care (urgent/emergency care & out-of-hours adult social care)

Children, young people, maternity

Neighbourhoods (GPs joining up with hospital, community, mental health, social and voluntary services on the local neighbourhood level)

Additional: (e.g. carer, sickle cell, type 2 diabetes, hospital discharge):

3. Please tell us why you are interested in this role.

4. Please tell us how you meet the person specification and what you can bring to the Prevention workstream. Please use the person specification in your answer.

[additional space for answer to Q4]

5. Please confirm you consent to the Integrated Commissioning partnership and or Healthwatch Hackney/City of London contacting you about this:

Yes

6. Which opportunities are you interested in?

- being a patient/public representative on a board or steering group
- joining a reference group with other service users/residents to help shape time limited projects. (Details of time commitment will vary depending on the project and details will be sent to you). You can also join this reference group and support us to make contact with other City and Hackney residents.
- giving feedback on services at a one-off event
- co-producing a new or improved service in an ongoing way

You do not need to be actively accessing a health service to get involved. We provide training and support.

Please return the completed application form to info@healthwatchhackney.co.uk or info@healthwatchcityoflondon.org.uk by **Wednesday 12 April March** or phone **020 3960 7454** to discuss the role further.