

Newsletter: October 2020 Activities

DATE & TIME	ACTIVITY	INFO
<p>12th October</p> <p>11:00 - 12:00</p> <p>Every second and fourth Monday of each month.</p>	<p>Carers' Coffee Call</p> <p>Join fellow carers for a catch up.</p> <p>This session may have a guest speaker TBC.</p>	<p>Meeting ID: 851 7055 9200</p> <p>Password: 030858</p>
<p>13th October</p> <p>11:00 - 12:00</p> <p>Every second and fourth Tuesday of each month.</p>	<p>Playlist for Life.</p> <p>Connect through music during isolation.</p> <p>This session is open to all</p>	<p>Meeting ID: 849 3679 8540</p> <p>Password: 581214</p>
<p>20th October</p> <p>11:00 - 12:00</p> <p>Every third Tuesday of each month.</p>	<p>Virtual Walking Tours</p> <p>Enjoy the sights, sounds and attractions of New York City, but virtually!</p> <p>This session is open to all</p>	<p>Meeting ID: 892 4210 5368</p> <p>Password: 381101</p>
<p>22nd October</p> <p>11:15—12:15</p> <p>The last Thursday of each month.</p>	<p>Guided Meditation - Join us for a session run by www.innerspace.org.uk</p> <p>This session is open to all</p>	<p>Meeting ID: 874 4304 2312</p> <p>Password: 570179</p>
<p>26th October</p> <p>11:00 - 12:00</p> <p>Every second and fourth Monday of each month.</p>	<p>Carers' Coffee Call</p> <p>Join fellow carers for a catch up.</p> <p>This session may have a guest speaker TBC.</p>	<p>Meeting ID: 851 7055 9200</p> <p>Password: 030858</p>

DATE & TIME	ACTIVITY	INFO
27th October 11:00 - 12:00 Every second and fourth Tuesday of each month.	Playlist for Life. Connect through music during isolation. This session is open to all	Meeting ID: 819 1605 3644 Password: 399940

How to join the activities:

You can join by phone but you will be charged at your local rate.

Call **0203 481 5237**. and enter the **Meeting ID** followed by the **#** key.

You can join by video call using Zoom on your smartphone, tablet or computer.

Go to the **website www.zoom.us**

Click on 'Join Meeting' at the top of the web page. Enter the **Meeting ID** followed by the **password**.

People Where I Live - A Community Gallery Project

A collaborative art project with all City of London Housing Estates. To participate in the project sign up your household and request a material pack including canvas board, paints, brushes, and a welcome pack. www.cityoflondon.gov.uk/peoplewhereilive

Culture Mile Imagine Fund

Offering ten micro grants supporting local people to develop ideas for the area which will help create a better future. The ideas can be creative, cultural or community based. To find out more visit:

<https://www.culturemile.london/imagine-fund>

Contact Information

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