GET SELF-ISOLATION SUPPORT

IF YOU LIVE IN THE SQUARE MILE OR HACKNEY

City & Hackney Public Health are offering extra support for people who need to self-isolate in **July and August**, such as:

- **Care package with PCR test**
- **Free hotel accommodation**
- **Regular support calls**
- **Support to claim £500 self-isolation grant if eligible**

FREE SUPPORT

As soon as you or someone in your household has a positive test result.

Call **020 8356 3111** and press **option 3.**

KEEP LONDON SAFE

Hackney

NHS

LET'S GET OUR LIVES BACK AGAIN

If your rapid test is positive

1. Self-isolate immediately. Your household must also self-isolate for **10 days.**

2. Get a **PCR test** within **2 days** to confirm the result. If the result is negative, you can stop self-isolating.

3. Get free support from the Council while you self-isolate. Call **020 8356 3111** or visit **bit.ly/HackneyIsolationSupport** to learn more.