

Are you worried about the cost of living?

CityAdvice Autumn pop-up event

Monday 3rd October, 11am - 1pm
Portsocken Community Centre, E1 8AH

Cost of living top tips and free, expert advice on:



welfare benefits



employment rights



debt and money



housing



community care
and family



consumer
rights

Talks and one-to-one advice slots, no appointment necessary. Information guides available.

You can also speak to our advisers by phone and email
Call 020 7392 2919 or email city.advice@toynbeehall.org.uk
(Monday to Friday 10am - 4pm)

www.toynbeehall.org.uk/cityadvice