

The connection between low pay, debt and mental health

- **Low earners are three and a half times more likely than the high earners to have debt worth more than six months of their income**
- **People with unmanageable debt are 24 per cent more likely to experience poor mental health**
- **One in four believed low pay negatively affected their relationship with their family and friends**
- **71% worry so much it affects their day to day life**
- **35% always, or quite often, feel lonely**
- **Almost a quarter believe low pay has negatively affected their relationship with their children (23.9%)**
- **32% feel their pay negatively affects the quality of their relationship with their partner**

National Minimum Wage £7.83 per hour



In June this year
Enhance won the
National *Living
Wage Champion
Award* for service
providers.



Employers are saying that Living Wage accreditation has:

- enhanced the organisation's reputation as an employer 86%
- differentiated the organisation from others in the same industry 64%
- improved relations between staff and managers 58%
- increased commitment and motivation of Living Wage employees 57%
- improved recruitment of employees into jobs covered by the Living Wage 53%

London Living Wage £10.20 per hour

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Enhance runs free English language courses for our staff





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THANK YOU!

Feel free to contact me.

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